



Nevis RGK, Sweden invites you to our 24:th international tournament for Junior, Senior & Duo/Trio in Rhythmic Gymnastics.

The competition will be arranged in Staffanstorp, Sweden at December 10, 2022
Sporthall: Hagalidhallen, Hagalidvägen, Staffanstorp

CLASSES:

- **Duo Junior**
 - (born 2009 or later) [Nordic DT rules](#).
- **Duo Senior**
 - (born 2006 or earlier) [Nordic DT rules](#)
- **Individual Junior A**
 - (born 2009 and older) FIG norms CoP2022/2024, two routines free choice of apparatus. Third routine for 8 finalists.
- **Individual Junior B**
 - (born 2009 or later) 2 routines free choice of apparatus (NO final) CoP2022/2024
- **Individual Senior A**
 - (born 2006 and earlier) FIG norms CoP2022/2024, two routines free choice of apparatus. Third routine for 8 finalists.
- **Individual Senior B**
 - (born 2006 and older) 2 routines free choice of apparatus (NO final) CoP2022/2024

Depending on the number of registrations, we will allow clubs to come with more gymnasts, each delegation **must include** 1 judge (National diplomas). Nevis RGK is entitled to say no if there will be too many individual registrations from the same country.

DELEGATION:

- max 4 Individual gymnast/ club
- max 3 Duos/ club
- 1 Judge

JUDGE: Every club shall have a judge available. Delegations without a judge will be charged a penalty of 70 Euro.

PROVISIONAL SCHEDULE

Arrival day: Friday afternoon December 9. Free training from 18.00-21.30 in the hall.

Technical judge meeting: December 10.

Competition: December 10 starts 09.30, the hall opens 08.00.

Departure day: Sunday morning December 11.

REGISTRATION: Last day of registration November 18 to: Fill in the form and email to:

eva.nevisrg@gmail.com **ATTENTION** All registration will be confirmed by an e- mail.

If you don't receive a confirmation by email, you need to contact us ASAP because then the registration has not reached us.

Registration Fee: 40 Euro ind. (430 Sek), 55 Euro duo (580 Sek)

To be paid before Dec.1 2022 bank transfer:

IBAN SE8780000831390743341364 BIC SWEDSESS

It's possible to pay at arrival, please contact eva.nevisrg@gmail.com for more information.

Insurance: All gymnasts, coaches etc shall be insured by their own club.

ACCOMMODATION

Recommendation of hotel: Radisson Blu Hotel, Lund

Single room SEK 790 / night

Double room SEK 890 / night

Triple room SEK 1190 / night



All prices include breakfast and taxes. Use Code: **Nevis cup** To get nice prices

Booking: Mail: info.lund@radissonblu.com Phone: +46462703700

<https://www.radissonhotels.com/en-us/hotels/radisson-blu-lund>

ADDITIONAL INFORMATION:

Livestream: Yes, Information about livestream will be announced at Facebook Nevis RG.

Nevis RGK is obliged to comply with the Covid-19 instructions of the Ministry of Health and Sports, i.e. the event could also be canceled at short notice.

We therefore recommend that participants take out cancellation insurance (travel, accommodation). Sick people are **NOT** allowed in the building!



Skåne

Sparbanken Skåne



Staffanstorps kommun



**SVENSK
GYMNASTIK**

NEVIS

Ritmiska gymnastikklubb

Staffanstorp

